

## July 4, 2015 7:00 a.m. Kailua High School

Epilepsy Foundation of Hawaii 14th Annual Freedom Run



**EPILEPSY**FOUNDATION

Hawaii

FOR MORE INFORMATION:
Call us at (808) 528-3058
Email us at efh@epilepsyhawaii.org
Visit our website at www.epilepsyhawaii.org



Fundraise \$100 and receive a free Epilepsy Foundation of Hawaii customized Hydroflask!

## **SCHEDULE OF EVENTS**

July 4 6:00 am Onsite Registration Opens
July 4 7:00 am Race and Walk begins
July 4 8 - 9 am Awards Ceremony
July 4 10:00 am Parade (Kailua Town)

Early packet pickup will take place on July 3<sup>rd</sup> 2 pm to 6 pm Epilepsy Foundation of Hawaii Office 2<sup>nd</sup> floor Ward Warehouse 1050 Ala Moana Blvd, Suite 2550. Honolulu, HI 96814

Onsite Registration and packet pickup 07/04/2015 beginning 6 am Kailua H.S. (451 Ulumanu Dr.) Enter from Ulumanu Drive off of Kailua Road

All courses start at the south entrance of Kailua H.S Wheelchairs, strollers, and pets (on leash) welcome.

**AWARDS:** 5K/10K Run top male & female overall and top 3 age group finishers (see website for age group details)

**REGISTRATION**: Mail in entries must be received by June 28, 2015. No guarantee of t-shirt for entries after June 15

CHECKS: PAYABLE TO: Epilepsy Foundation of Hawaii
MAIL TO: EFH - 1050 Ala Moana Blvd Ste 2550, Hon, HI 96814

## Mail in registration below or register online at active.com

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LAST NAME	FIRST NAME						SEX DATE OF BIRTH					
STREET ADDRESS		CITY	CITY			STATE	ZIP	.IP		PHONE		
		IIRT S	M	L )	XL	XXL	S	М	L	RUNNING HAT instead of SHIRT		
EMAIL ADDRESS ADULT SIZES YOUTH SIZE												
5K Run 10K Run 1 Mile Walk			Family Rate						Donation			
\$30 (\$35 after June 15, 2015)			\$90 (up to 5 fam members)					) From \$1 to \$1,000,000				
I know that running or walking a road race is potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I know that there will be traffic on the course route. I assume the risk of running or walking in traffic. I assume any and all other risks associated with this event, including but not limited to falls, contact with other participants, the effects of the weather, including high heat and humidity, and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge the Epilepsy Foundation of Hawaii, this event's officers, directors, members, volunteers, agents, successors, assigns or anyone acting on their behalf, from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event. I grant permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.												
Signature									_ [	Pate		
I have read and understand the waiver a	oove											
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